# 

# If you seek after these things

# In your power

- opinion (assent)
- impulse (turning toward a thing)
- desire
- aversion (turning from a thing)
- whatever is your own doing

# Not in your power

E.I.I.

- body
- property & possessions
- reputation
- status (offices or power)
- whatever is not your doing

## which have these characteristics

- by nature free
- unhindered
- unimpeded
- in your own power

- by nature slavish
- hindered
- weak
- in the power of others

### You will experience the following

- no one will ever coerce you
- no one will hinder you
- you will never blame anyone
- you will accuse no one
- you will do nothing against your will
- you will have no enemy
- you will not suffer any harm

- you will be hindered
- you will lament
- you will have a troubled mind
- you will blame the gods and humans